



UNLOCK YOUR POTENTIAL

COURSE FORMAT

Online | Guided Learning + Live Sessions

COURSE DURATION

9 Weeks

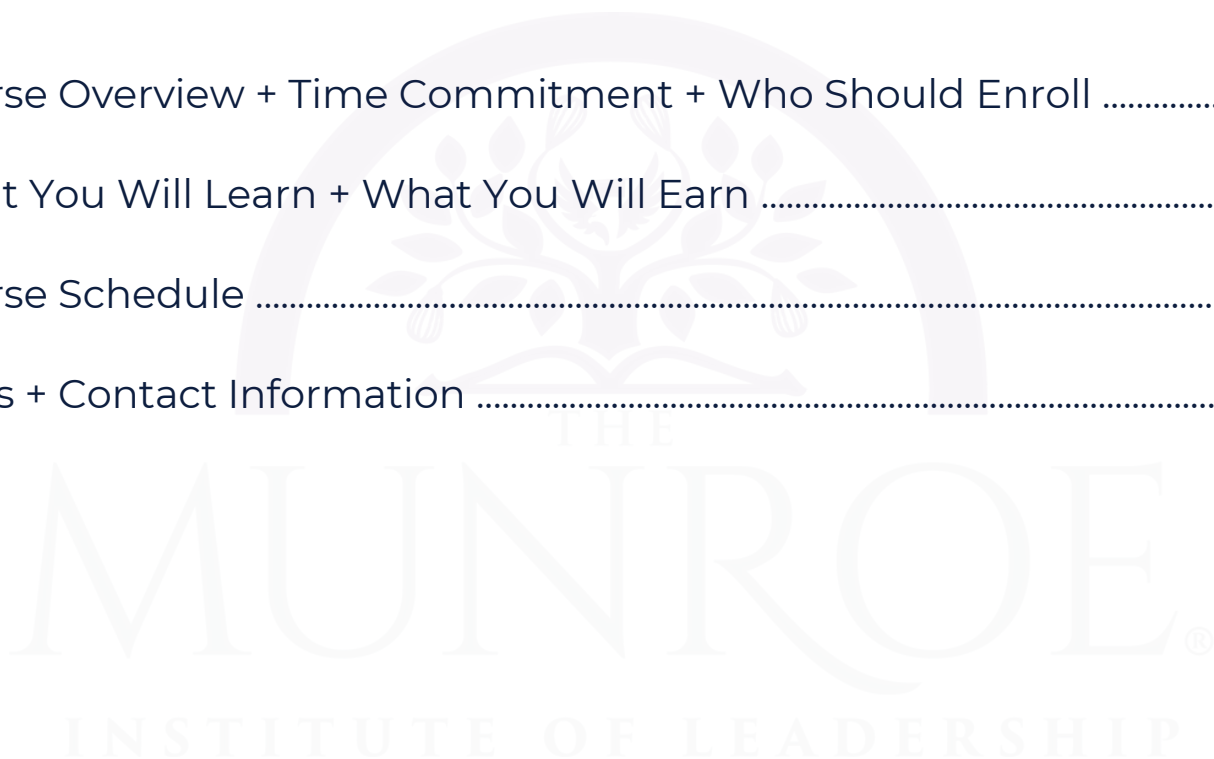
COURSE SYLLABUS

www.TheMIL.org

The Munroe Institute of Leadership (MIL) envisions a world where empowered leaders drive transformative growth and influence their communities through visionary leadership and innovative personal development programs.

TABLE OF CONTENTS

Course Overview + Time Commitment + Who Should Enroll	3
What You Will Learn + What You Will Earn	4
Course Schedule	5
FAQs + Contact Information	6



COURSE OVERVIEW

Unlock Your Potential is an immersive 9-week course designed to help you uncover new gifts and experience breakthroughs and possibilities for yourself and those you are called to serve. This journey goes beyond planning—it challenges you to engage in deep introspection and intentional action, equipping you to move from maximizing potential to actualizing fulfillment. Through instructor-led sessions, interactive exercises, self-reflection prompts, and expert coaching, you will gain clarity on the unique gifts you have been given and learn to align your actions with your true calling.

TIME COMMITMENT

You should expect to dedicate six to eight hours weekly, which includes:

Coursework: Online learning modules featuring a rich blend of on-demand course materials, including interactive lessons, reflective exercises and practical assignments delivered through Canvas LMS.

Live Sessions: Biweekly instructor-led sessions designed to deepen understanding, encourage application, and provide real-time feedback.

Community Engagement: Peer discussions and collaborative activities to build connections and foster accountability within your cohort.

This course offers **7 modules within a 9-week open-access period**, allowing flexibility for your schedule while maintaining structure. Modules unlock sequentially, so completion of one is required before moving on to the next, ensuring a progressive and intentional learning experience.

WHO SHOULD ENROLL

The **Unlock Your Potential** course participants come from diverse backgrounds—including emerging leaders, professionals, creatives, entrepreneurs, and those in pivotal life transitions—who share a common desire: to stop settling and start stepping into their full capacity.

This course is ideal for individuals:

- Who feel stuck in repetitive cycles, unsure how to tap into their deeper capabilities and take intentional steps toward growth.
- Struggling to integrate their unique strengths into work that is fulfilling, impactful, and aligned with their values.
- Navigating career pivots, personal reinvention, or major life transitions—who need clarity, confidence, and a roadmap to move forward.

The **Unlock Your Potential** course provides practical strategies, structured guidance, and a supportive community to help participants move from feeling stuck to unlocking their full potential and living a life of purpose.

WHAT YOU WILL LEARN

- Define the meaning of potential and how it can power your life and purpose.
- Identify and differentiate potential from purpose & accomplishments
- Understand the potential principle and how to apply it to your life
- Identify your abilities that signal your potential
- Identify hindrances that are blocking or clogging your potential
- Discover why you were born and uncover your true work
- Practice discipline and challenge your ability regularly
- Deepening connection with the Source and Creator of potential through prayer
- Develop and deliver a personal **Potential Declaration & Action Plan**
- Identify and utilize tools to help leverage and activate your potential in your professional life and personal development

WHAT YOU WILL EARN

- A transformed perspective of yourself—clarity on your potential, how it differs from purpose and accomplishments, and how it fuels your life's direction.
- Increased confidence and discipline to pursue your potential with resilience and intentionality.
- Spiritual grounding and deeper alignment with the Creator as the Source of your potential.
- Practical tools and strategies for overcoming obstacles, activating your strengths, and sustaining momentum in your growth.
- Greater adaptability and confidence in applying your potential to leadership, entrepreneurship, career advancement, and personal relationships.
- A personal **Potential Declaration & Action Plan**—your customized roadmap to activating and sustaining your potential in every area of life.
- A **Certificate of Completion**, validating your growth, discipline, and transformation throughout the course.
- The ability to harness your potential to create measurable impact in your community, workplace, and relationships.
- A sharpened sense of direction and decision-making, reducing distractions and focusing energy on what truly matters.
- Long-term strategies for sustaining your potential—ensuring that your growth continues well beyond the course.



COURSE SCHEDULE

ORIENTATION provides a foundational understanding of the Munroe Institute's vision, core values, and approach to learning to navigate the course effectively while building a mindset of intentional growth and self-leadership.

MODULE 1: What Is Potential explores the transformative concept of potential, highlighting its role as the foundation for growth and success.

MODULE 2: The Power of Your Potential in Action emphasizes the transformative journey of unlocking potential through ideas, words, and purposeful communication.

MODULE 3: Potential Is Power focuses the inherent power within each individual to exceed limitations and align with divine purpose through intentional growth and connection to the Creator.

MODULE 4: Potential Needs Declaration and Action helps learners to develop a clear vision, set actionable goals, and communicate potential with confidence, preparing for purposeful growth and lasting impact.

MODULE 5: Protecting Your Most Precious Resource underscores the need to safeguard your potential, the divine gift within you, through obedience, disciplined thinking, and alignment with divine truth.

MODULE 6: Empowering Your Potential focuses on the profound connection between power, potential, and purpose, emphasizing their divine origin and interconnected nature.

MODULE 7: Your Potential Unlocked focuses on empowering students to fully unlock and harness their potential through steadfastness, crisis management, and empowered thinking.

FREQUENTLY ASKED QUESTIONS

WHAT TECHNOLOGY DO I NEED FOR THIS COURSE?

- A computer to access the course materials, live sessions, and course platform. (other device options include tablets and smartphones)
- A microphone (built-in, headphones, or headset).
- A webcam (built-in or USB plug-in) (optional, but recommended).
- Internet connection (broadband wired or wireless; 3G, 4G, or 5G/LTE).

WHO IS THE IDEAL CANDIDATE FOR THIS COURSE?

Characteristics of an ideal candidate include someone who is reflective, driven, and ready to take actionable steps toward uncovering their potential. This course is ideal for those who:

- Are seeking clarity about their life's potential and untapped abilities.
- Want to align their personal and professional goals with their inherent gifts.
- Are committed to personal growth and transformation.
- Are looking for practical tools and insights to navigate life intentionally.

DO I NEED ANY PRIOR KNOWLEDGE OR EXPERIENCE?

No prior knowledge is required. The course is designed for participants at all stages of their journey. Whether you are just starting out or looking for a renewed sense of empowerment, the program will guide you step by step.

WHERE DOES THE COURSE TAKE PLACE?

You'll access on-demand content and assignments through Canvas, our learning management system (LMS). Live discussions and one-on-one coaching sessions are conducted via Zoom. All materials are accessible from anywhere with an internet connection.

WHAT IF I MISS A LIVE SESSION?

All live sessions are recorded and will be made available to participants within 24 hours. You can replay these at your convenience.

HOW IS MY PROGRESS ASSESSED?

There are no traditional exams. Progress is measured through reflective activities, participation in discussions, and the completion of your personalized Potential Declaration.

IS THIS COURSE SELF-PACED?

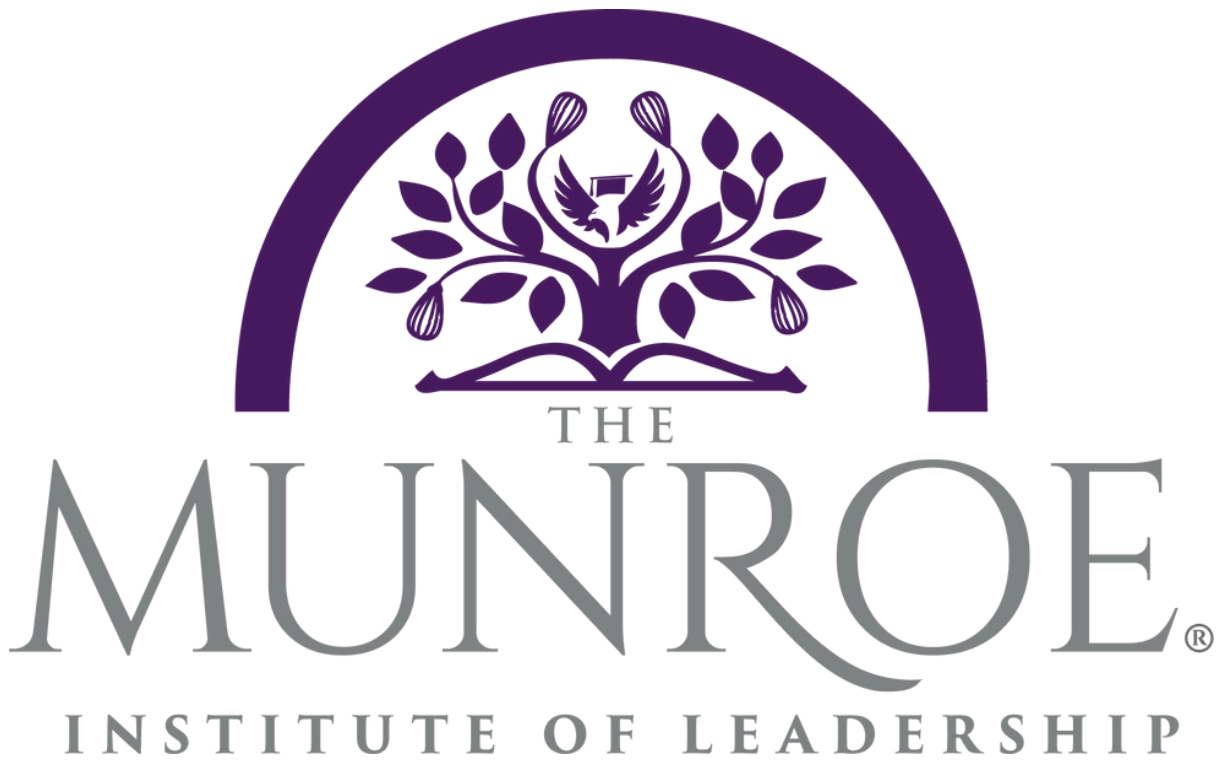
No. The course is composed of 7 modules delivered over a 9-week period. Learners progress through the material in sequence, with each module unlocking after the previous one is completed. While the course is hosted online and structured for flexibility, it offers a guided experience — combining independent learning with instructor support, live sessions, and personalized feedback to help you stay on track and engaged throughout your journey.

HOW CAN I GET SUPPORT IF I HAVE QUESTIONS?

Reach out to your instructor or course assistant if you need any assistance during the course. Our support team is here to help you succeed on your journey!

CONTACT US

Any questions? We're here to help. Please reach out to us at admin@themil.org.



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