



DISCOVER PURPOSE

COURSE FORMAT

Online | Guided Learning + Live Sessions

COURSE DURATION

9 Weeks

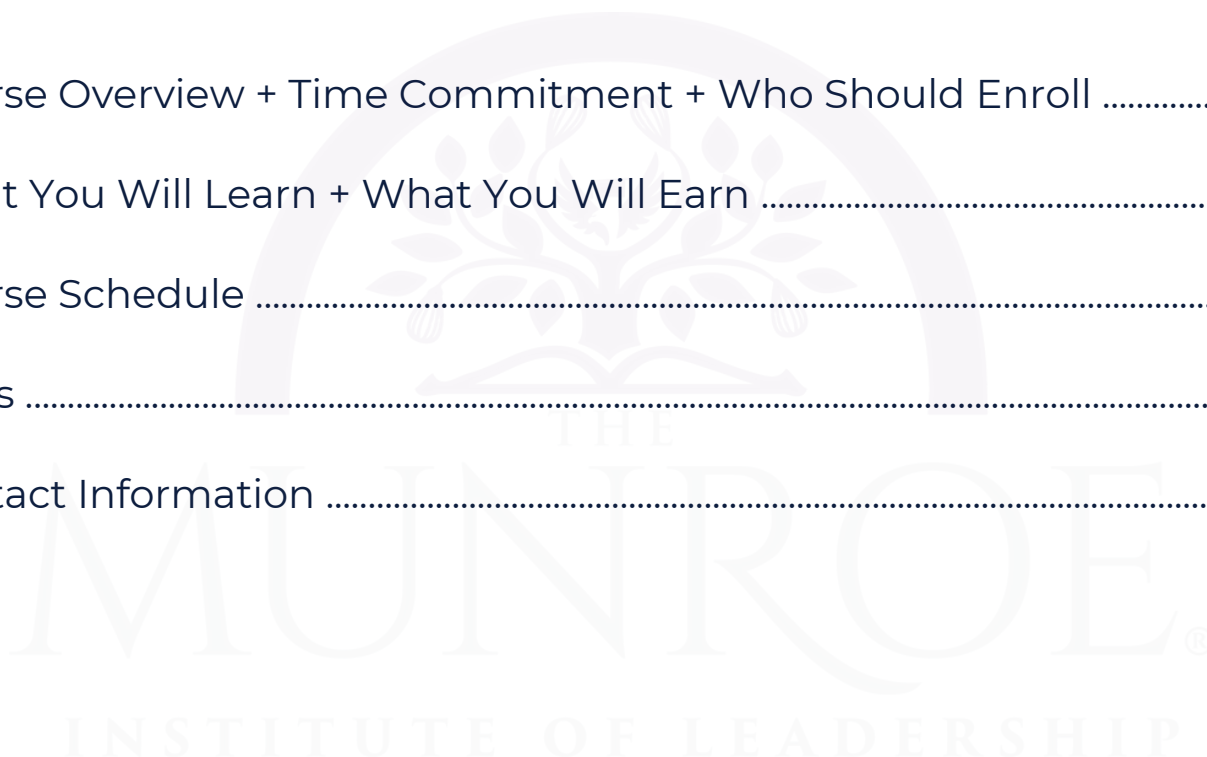
COURSE SYLLABUS

www.TheMIL.org

The Munroe Institute of Leadership (MIL) envisions a world where empowered leaders drive transformative growth and influence their communities through visionary leadership and innovative personal development programs.

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COURSE OVERVIEW

Discover Purpose is an immersive 9-week journey of self-discovery, designed to help you uncover your why and align with your true destiny. Through instructor-led sessions, guided reflection, interactive learning, and expert coaching, you will gain clarity on your values, passions, and divine calling. Whether you're seeking direction, striving for greater intentionality, or ready to step into your purpose, this course provides the tools and support to help you navigate the path forward with confidence.

TIME COMMITMENT

You should expect to dedicate six to eight hours weekly, which includes:

- **Coursework:** Online learning modules featuring a rich blend of on-demand course materials, including interactive lessons, reflective exercises and practical assignments delivered through Canvas LMS.
- **Live Sessions:** Biweekly instructor-led sessions designed to deepen understanding, encourage application, and provide real-time feedback.
- **Community Engagement:** Peer discussions and collaborative activities to build connections and foster accountability within your cohort.

This course offers **7 modules within a 9-week open-access period**, allowing flexibility for your schedule while maintaining structure. Modules unlock sequentially, so completion of one is required before moving on to the next, ensuring a progressive and intentional learning experience.

WHO SHOULD ENROLL

The **Discover Purpose** course is designed for individuals seeking greater clarity, alignment, and intention in their lives. Whether you are at a crossroads, feeling unfulfilled, or simply ready to step into a life of deeper meaning, this course will guide you toward uncovering your true purpose. Participants come from diverse backgrounds, including students, professionals, entrepreneurs, and individuals experiencing major life transitions.

This course is ideal for individuals:

- Who desire to navigate life purposefully, making meaningful choices that align with their values and leave a lasting legacy.
- Who feel lost or uncertain about their path and seeking clarity on their unique calling and purpose.
- Who recognize that they have a divine purpose but are unsure of how or where to begin your journey.

The **Discover Purpose** course provides the tools, insights, and structured guidance to help you move from uncertainty to confidence, empowering you to live with clarity, conviction, and impact.

WHAT YOU WILL LEARN

- Define the meaning of purpose and why it is a necessary attribute of life.
- Identify the areas where purpose exists in your life.
- Identify the areas in your life where you are called to live in your purpose.
- Identify the areas in your life that do not have a meaningful purpose.
- Identify how to operate within your purpose in the current time with the position of influence that you have.
- Practice leading in purpose in your current position.
- Identify a strategy for prayer to unleash the next level of your purpose.
- Identify what a relationship with God within your purpose will look like.
- Define and deliver a personal **Purpose Statement**.
- Identify and utilize tools that help you to represent your purpose in professional/corporate settings.

WHAT YOU WILL EARN

- A deeper understanding of your unique purpose and how it shapes every aspect of life.
- Practical tools to align your values, strengths, and passions with a meaningful life path.
- Insights into navigating life with clarity, confidence, and intention.
- Strategic goal-setting frameworks to align purpose with measurable outcomes.
- Techniques to build resilience, emotional agility, and adaptability.
- A structured approach to developing and articulating a personal Purpose Statement
- Validation of your capacity to inspire, lead, and create a meaningful impact.
- Confidence to navigate transitions and take bold, intentional action.
- Skills to thrive in leadership, entrepreneurship, and community-driven roles.
- A **Certificate of Completion** affirming your commitment to purpose-driven growth.

COURSE SCHEDULE

ORIENTATION provides a foundational understanding of the Munroe Institute's vision, core values, and approach to learning to navigate the course effectively while building a mindset of intentional growth and self-leadership.

MODULE 1: What is Purpose explores reflective frameworks, including "The Five Questions of the Human Heart," to uncover their unique purpose, anchored in their source and identity.

MODULE 2: The Truths of Purpose guides students in uncovering and embracing their intrinsic purpose by understanding its foundation in identity, potential, and communication.

MODULE 3: Anchors of Purpose emphasizes understanding timeless principles, aligning with your Creator's design, and embracing discipline as a safeguard for purpose-driven living.

MODULE 4: Your Purpose is a Plan & Donation for Its People helps learners understand the relationship between purpose, divine provision, and impactful leadership, you'll refine your ability to declare your unique calling and contribute meaningfully to the world.

MODULE 5: Your Commitments to Your Purpose emphasizes the mental and personal responsibilities of purpose, focusing on aligning your unique identity and emotional agility with divine intent.

MODULE 6: Living on Purpose: Aligning Time, Freedom & Legacy focuses on the transformative connection between freedom and purpose, guiding learners to renew their minds, align their actions, and embrace mental and spiritual liberation.

MODULE 7: You Have What it Takes to Fulfill Your Purpose encapsulates the entire journey of purpose discovery, highlighting the tools, principles, and insights required to align your life with the divine intent of Your Creator.

FREQUENTLY ASKED QUESTIONS

WHAT TECHNOLOGY DO I NEED FOR THIS COURSE?

- A computer to access the course materials, live sessions, and course platform (other device options include tablets and smartphones)
- A microphone (built-in, headphones, or headset)
- A webcam (built-in or USB plug-in) (optional, but recommended)
- Internet connection (broadband wired or wireless; 3G, 4G, or 5G/LTE)

WHO IS THE IDEAL CANDIDATE FOR THIS COURSE?

Characteristics of an ideal candidate include someone who is reflective, driven, and ready to take actionable steps toward uncovering their purpose. The course is ideal for those who:

- Are seeking clarity about their life's purpose
- Want to align their personal and professional lives with their values
- Are committed to personal growth and transformation
- Are looking for practical tools and insights to navigate life with intentionality

DO I NEED ANY PRIOR KNOWLEDGE OR EXPERIENCE?

No prior knowledge is required. The course is designed for participants at all stages of their journey. Whether you are just starting out or looking for a renewed sense of purpose, the program will guide you step by step.

WHERE DOES THE COURSE TAKE PLACE?

You'll access on-demand content and assignments through Canvas, our learning management system (LMS). Live discussions and 1:1 coaching sessions are conducted via Zoom. All materials are accessible from anywhere with an internet connection.

WHAT IF I MISS A LIVE SESSION?

All live sessions are recorded and will be made available to participants within 24 hours upon request. You can replay these at your convenience.

HOW IS MY PROGRESS ASSESSED?

There are no traditional exams. Progress is measured through reflective activities, participation in discussions, and the completion of your personalized Purpose Statement Final Project and course participation.

IS THIS COURSE SELF-PACED?

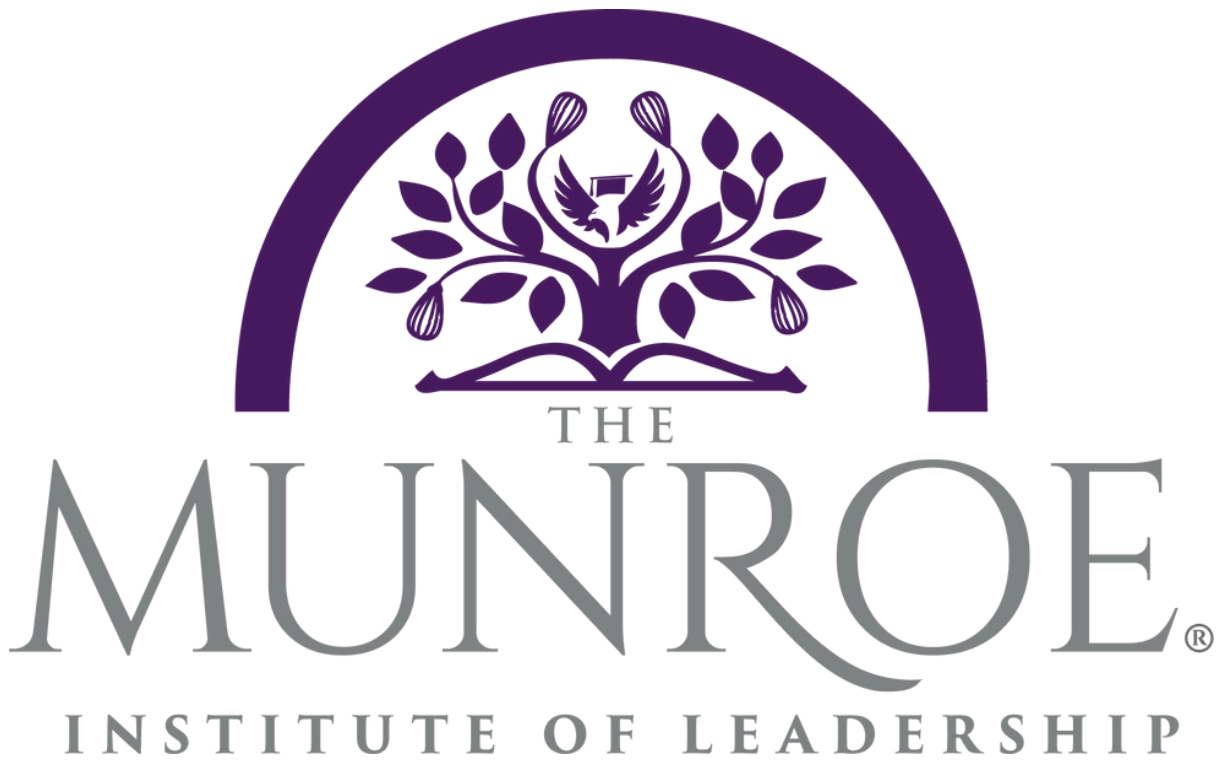
No. The course is composed of 7 modules delivered over a 9-week period. Learners progress through the material in sequence, with each module unlocking after the previous one is completed. While the course is hosted online and structured for flexibility, it offers a guided experience — combining independent learning with instructor support, live sessions, and personalized feedback to help you stay on track and engaged throughout your journey.

HOW CAN I GET SUPPORT IF I HAVE QUESTIONS?

Reach out to your instructor or course assistant if you need any assistance during the course. Our support team is here to help you succeed on your journey!

CONTACT US

Any questions? We're here to help. Please reach out to us at admin@themil.org.



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